

GRATITUDE SCAVENGER HUNT

look around and find...

check

1. SOMETHING THAT MAKES YOU HAPPY
2. SOMETHING THAT TASTES GOOD
3. SOMETHING THAT MAKES YOU LAUGH
4. SOMETHING THAT YOU ARE THANKFUL FOR
5. SOMETHING THAT YOU CAN CUDDLE
6. SOMETHING THAT'S NEW
7. SOMETHING YOU USE IN THE MORNING
8. SOMETHING YOU USE AT NIGHT
9. SOMETHING THAT KEEPS YOU HEALTHY
10. SOMETHING THAT YOU LIKE PLAYING WITH
11. SOMETHING YOU LOVE TO READ
12. SOMETHING THAT BRINGS YOU GOOD MEMORIES
13. SOMETHING THAT REMINDS YOU OF SOMEONE YOU LOVE
14. SOMETHING YOU LOVE THE SMELL OF
15. SOMETHING THAT WOULD MAKE A FRIEND HAPPY

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write down what you've found

something that...
makes you happy

something that...
tastes good

something that...
makes you laugh

something that...
you are thankful for

something that...
you can cuddle

something that...
is new

something that...
you use in the morning

something that...
you use at night

something that...
keeps you healthy

something that...
you like playing with

something that...
you love to read

something that...
brings you good
memories

something that...
reminds you of
someone you love

something that...
you love the smell of

something that...
would make a friend
happy